

SPL AND INSTRUCTOR CERTIFICATE ROLLING RECENCY SUMMARY

Please refer to SFCL for full details, including how to re-establish rolling recency where required

SPL rolling recency (SFCL.160 refers)

In the 24 months prior to flying:

- two flights with an instructor
and
- satisfy the SFCL.160 hours and launches requirement (5 hours +15 launches)

Also satisfy the [SFCL.155](#) launch type recency (5 launches)

BI(S) rolling recency (SFCL.365 refers) – don't forget SPL rolling recency and medical needs to be valid too

In the 24 months prior to instructing:

- satisfy the SFCL.365 hours and launches requirement (20 hours *or* 40 launches instructing)
and
- have demonstrated the ability to instruct on sailplanes to the holder of an FI(S) certificate who is qualified in accordance with point SFCL.315(a)(7) (*a Flight Instructor Coach*) or SFCL.315(a)(8) (*a Basic Instructor Coach*)

FI(S) rolling recency (SFCL.360 refers) – don't forget SPL rolling recency and medical needs to be valid too

In the 36 months prior to instructing:

- satisfy the SFCL.360 hours and launches requirement (30 hours or 60 launches instructing)
and
- completed an FI(S) refresher seminar

and in the 9 years have demonstrated the ability to instruct on sailplanes to the holder of an FI(S) certificate who is qualified in accordance with point SFCL.315(a)(7) (*a Flight Instructor Coach*)

And please don't forget that your PMD or medical certificate must be valid.

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